



Gear List for Junior Counselors

What to wear to camp:

- Dress for dirt! Stratford is a farm and nature preserve. You should expect to get dirty daily!
- Poison ivy is abundant! Long pants are recommended but not required. Use your own discretion based on your child's sensitivity.
- Comfortable shoes or boots. Sandals and Crocs are not a good idea as we'll be playing some running games and hiking daily. Poison ivy loves uncovered toes. Please wear shoes that you don't mind getting muddy or wet.

What to bring to camp (*please label everything with your child's name*):

- First day only:** Health form(s), medication card(s), alternative pick-up form(s) found at: <https://stratfordecologicalcenter.org/farm-camp-2023/>
- A backpack for your gear
- Bring a white fabric item for a fun camp craft (shirt, bandana, socks, pillowcase, etc)
- Swimsuit, towel, and strap-on sandals for water day (Exact day for water play TBD - we'll remind you the day before at pick up)
- Water bottle
- Trash free lunch (you can view instructions at <https://stratfordecologicalcenter.org/farm-camp-2023/>)
- Sunscreen
- Bug spray
- Sun hat
- Closed toed shoes (see notes above)
- Water shoes for going in the creek
- A jacket for cool mornings
- A rain jacket or poncho if rain is forecasted
- Bag for wet/dirty items
- Change of clothes – especially socks
- A journal (optional)

What not to bring to camp:

- × Gum or candy
- × Pocket knives
- × Anything you'd be sad to lose or break



Overnight Gear List*

*If your child qualifies and is signed up to return as a Junior Counselor for any of the 9-12 year old camps in July, we will be hosting an overnight on Thursday with noon pick up on Friday.

What to bring for the overnight:

- Tarp or waterproof blanket or shower curtain to lay on ground
- Sleeping bag and/or blankets
- Pillow
- Sleeping pad
- Warm layers for evening
- Pajamas
- Change of clothes for morning
- Toiletries (toothbrush, toothpaste, hair brush, deodorant – nothing for showering)
- Bedtime medication/breakfast medication with medication card

Optional:

- Eye mask
- Book
- Flashlight (to be used responsibly)

Reminders:

- Pick up is at noon on Friday
- Dinner and breakfast will be provided by Stratford – let the Camp Director, Emily Kridel, know if your child has any food allergies or dietary restrictions. She will be available to speak with directly each day at pick up or you can e-mail her at emily.kridel@stratfordecologicalcenter.org