



## Gear List for 6–8 year old Farm Camp

### What to wear to camp:

- Dress for dirt! Stratford is a farm and nature preserve. You should expect to get dirty daily!
- Poison ivy is abundant! Long pants are recommended but not required. Use your own discretion based on your child's sensitivity.
- Comfortable shoes or boots. Sandals and Crocs are not a good idea as we'll be playing some running games and hiking daily. Poison ivy loves uncovered toes. Please wear shoes that you don't mind getting muddy or wet.

### What to bring to camp (*please label everything with your child's name*):

- First day only:** Health form(s), medication card(s), alternative pick-up form(s) found at: <https://stratfordecologicalcenter.org/farm-camp-2023/>
- A backpack for your gear
- Bring a white fabric item for a fun camp craft (shirt, bandana, socks, pillowcase, etc)
- Swimsuit, towel, and strap-on sandals for water day (Exact day for water play TBD - we'll remind you the day before at pick up)
- Water bottle
- Trash free lunch (you can view instructions at <https://stratfordecologicalcenter.org/farm-camp-2023/>)
- Sunscreen
- Bug spray
- Sun hat
- Closed toed shoes (see notes above)
- Water shoes for going in the creek
- A jacket for cool mornings
- A rain jacket or poncho if rain is forecasted
- Bag for wet/dirty items
- Change of clothes – especially socks
- A journal (optional)

### What not to bring to camp:

- × Gum or candy
- × Pocket knives
- × Electronics
- × Anything you'd be sad to lose or break