

Prairie/Pond Plants & Their Benefits

Plants	Ecosystem Benefits	Wildlife Benefits
Rushes / Sedges	<ul style="list-style-type: none"> ● Erosion reduction ● Water filtration ● Oxygenate water through their roots 	<ul style="list-style-type: none"> ● Nutrient rich food source ● Habitat for small animals and invertebrates, for example spiders and birds
Milkweed	<ul style="list-style-type: none"> ● Naturally kills insect pests ● Attracts many types of birds, moths, and other insects, increasing biodiversity 	<ul style="list-style-type: none"> ● Habitat for butterflies ● Edible to humans when prepared correctly, and contains medicinal qualities ● Nectar source for bees
Arrowhead	<ul style="list-style-type: none"> ● Stabilize shoreline and pond bottom ● Water filtration ● Prevent algal blooms 	<ul style="list-style-type: none"> ● Provide food for fish, deer, birds, and other organisms ● Shading and shelter for aquatic wildlife

Sources: https://www.water.wa.gov.au/_data/assets/pdf_file/0019/3367/12120.pdf
<https://www.motherearthgardener.com/plant-profiles/milkweed-benefits-ze0z1801zols>
https://plants.usda.gov/plantguide/pdf/cs_assy.pdf
<https://www.aquaticbiologists.com/beneficial-plants/#:~:text=Arrowhead,%2C%20other%20birds%2C%20and%20wildlife.>

